Dear Coach:

The 25th Annual South Milwaukee Rocket JV Invitational Cross Country Meet is set to go on <u>Thursday</u>, <u>October 20, 2016</u>.

TIME SCHEDULE: 1:30 p.m. Course Opens

3:15 p.m. Boys Fast Race 3:45 p.m. Boys Faster Race 4:10 p.m. Girls Faster Race 4:40 p.m. Girls Fast Race

Teams that are scheduled to participate are – Brookfield Central(girls), Franklin, Greenfield, Kenosha Bradford, Kenosha Tremper, Kenosha Indian Trails, Kettle Moraine(boys), Mukwonago, Muskego, Oak Creek, Racine Case, Racine Horlick, Racine Park(boys), Waukesha North, Waukesha South, Waukesha West, Wauwatosa East(girls), West Allis Hale, West Allis Central, Westosha Central, Whitnall, Wis. Lutheran.

Buses will not be allowed to park in Grant Park. Coaches, please tell your bus driver to park at the high school and pick up your team after 5:20 p.m. We need parking spots for parents & fans. The south entrance into the park by the golf course will close at 2:00 p.m. We will close the park once all the parking lots are full. This could happen as early as 2:30 p.m. Please inform your parents & fans that they may have to park on city streets and walk into the park.

Teams will be allowed unlimited entries. The entry fee is Sixty-five (65) dollars for a boy's team and Sixty-five (65) dollars for a girl's team. <u>Please send entry fee to AD at the High School.</u>

<u>Awards</u>: Medals for $1^{st} - 20^{th}$ place in each race. Team medals (10) to the first three (3) teams in the 2 Faster Races. Individual awards will be handed out at the end of the chute. **Coaches – if your team finishes in the top 3, please find me at the finish line to get your team medals.**

The meet will take place in Grant Park. The course is mostly grass with the runners crossing the park roads and asphalt bike path several times. Spikes can be worn. The course will be lined and flagged. The distance will be 5,000 meters.

Course Map @ www.southmilwaukeecrosscountry.com

<u>TIMING & SCORING</u>: The Wisconsin Runner will provide for the timing and scoring/results for this meet utilizing MyLaps disposable chips with video backup. Results will be available before the meet ends online at www.wisconsinrunner.com

ENTRY ROSTERS: There is only one (1) way to enter your team:

Use the form found on the Wisconsin Runner Website -- <u>www.wisconsinrunner.com</u>. Download the "**High School Meet Roster Spreadsheet**" form, which is an Excel spreadsheet, to your computer, complete it with the information requested, save it, and then attach it to an email sent to Peter Henkes at <u>wisrun@gmail.com</u>

If you have a problem, you have to contact Peter at the email address (above) or his work phone (262) 633-0033.

- Send a NEW roster for this meet, even if you participated in an earlier meet administered by Wisconsin Runner
- DO <u>NOT</u> designate a specific race for each athlete, just list your roster
- Please update your roster to include only those running in this meet numbers, etc. are expensive, especially now that we are using the MyLaps system with the chip in the race number. Those that will not be running for sure should be left off.

ENTRIES ARE DUE ON MONDAY, OCTOBER 17 AT 10:00 PM

Late entries will be charged a late fee of \$50.00.

Good luck the remainder of the season.

Stan Druckrey

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